

What is Gaden Relief?

Established in 1988, Gaden Relief, a charitable not-for-profit foreign aid organization, provides humanitarian assistance through medical intervention and preservation of Tibetan and Mongolian culture. The focus of Gaden Relief's efforts is currently on helping Tibetans and Mongolians in the following three project areas:

- Zadoh (Tibet)
- Chuchikjall (India)
- Delgeruun (Mongolia)

Under the direction of Zasep Tulku Rinpoche, over 95% of funds raised goes to work in Tibetan and Mongolian communities. All staff, including medical personnel, are volunteers who pay their own way to the project areas in Tibet, Mongolia and India.



Dr. Robbie Chase at Zadoh, Tibet.

Zadoh, Tibet

In Eastern Tibet people do not have access to adequate health care. Often it takes days by horseback to reach medical help. Near the small town of Zadoh, Gaden Relief has set up Jamseng Health Clinic to provide badly needed health services. Working with local officials, we are training community health care workers and employing doctors to staff the clinic. The clinic embraces three forms of medicine: Tibetan, Chinese and Western.

Gaden Relief is also supporting Tashi Lhapug and Zuru monasteries and a nunnery in the Zadoh area. Gaden Relief has helped to rebuild temples destroyed by the Red Army.

Chuchikjall, India

Chuchikjall Nunnery is located in a remote region of northern India called Zangskar. Chuchikjall receives such items as needed woodstoves and supplies, and a small greenhouse has been built for the nuns to grow fresh vegetables to supplement their meagre diet. Tibetan nuns have few sources of support and can afford little for food, clothing or other necessities. Nuns receive poorer education, funding and facilities than monks. Health is also a serious problem: tuberculosis and malnutrition are endemic. Under the direction of project leader Dr. Gutschow, Gaden Relief now supports eight other nunneries in the area, including Pishu, Zangla, and Tungri.



Thugchen Drolma of Chuchikjall Nunnery.

Delgeruun, Mongolia

Buddhism is resprouting in Mongolia after more than 50 years of Stalinist terror, and Gaden Relief is there to help. Gaden Relief helping to rebuild Delgeruun Choira Monastery, a tiny monastery in the Gobi Desert. Gaden Relief also provides support for services such as running water, food, clothing and other necessities for the monks.

The local villagers and nomadic people are very excited about the prospect of once more having their sacred place of prayer and pilgrimage. Many still remember the hundreds of monks that were rounded up, arrested and "disappeared" – never to be seen alive again.



For more information please visit:
www.gadenrelief.org

You can help!

With your support Gaden Relief is able to build health clinics, provide medical training, buy needed medical supplies, and provide funds to keep the rich cultural traditions of Tibet and Mongolia alive.



Please send your cheque or money order to:

CANADA Gaden Relief
637 Christie Street
Toronto, ON M6G 3E6
Email: grp@gadenrelief.org

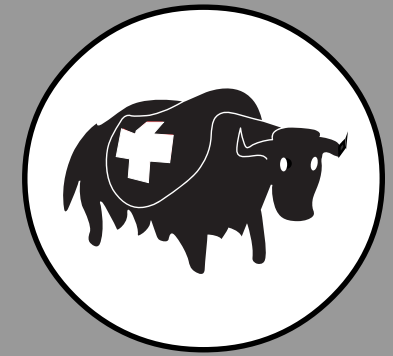
USA Gaden Relief USA
PO Box 172
Potlatch ID 83855
Email: grp-us@gadenrelief.org

AUSTRALIA Gaden Relief Australia
c/o Vajra Ling
PO Box 230
Uralla NSW 2358
Email: grp-au@gadenrelief.org

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Helping Tibetans and Mongolians
Help Themselves



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